

## Adult Impact Study Sheet – May 26, 2024

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Read **Psalm 32:1-11**; if possible from several translations.  
For additional insight go to [www.studylight.org](http://www.studylight.org) and [www.gotquestions.org](http://www.gotquestions.org).

We can think of Psalm 32 in terms of *hide* and *seek*. Jot down in a few words where you see concepts of hiding and seeking in this psalm.

1. In verse 1, “Blessed means ‘happy’ [fortunate, prosperous, favored by God]. It is appropriate that this word is used both of the righteous and of the forgiven.”<sup>1</sup> Discuss that statement in light of Psalm 1:1 and Psalm 32:1.
2. Do you notice how David uses the “positive-negative-positive” way of sharing truth in this psalm? He speaks of God’s forgiveness, then his own failings in sin, then his seeking God’s forgiveness and deliverance. Talk about how that way of sharing truth is effective.
3. Take some time to reflect on Charles Spurgeon’s thoughts on verse 2, “The word blessed is in the plural, oh, the blessednesses! the double joys, the bundles of happiness, the mountains of delight!”<sup>2</sup>
4. When David kept silent about his own sin (vv. 3-4), “he became his own prisoner”. What does that mean? Can that happen in the life of a believer today?
5. Jamie Wilson writes, “Integrity and righteousness provide a sure foundation for our lives. Those who walk with honesty, refraining from hidden sins and crooked paths, can have confidence and security.” Discuss verses 5-7 in light of that statement.
6. Verse 6 reads this way in the Christian Standard Bible, “Therefore let everyone who is faithful pray to you immediately.” We often speak about keeping short accounts with God. What does that mean? Do you practice that?
7. As you read and discuss verse 7b, consider Alexander Maclaren’s thought-provoking words, “God’s kiss of forgiveness sucks the poison from the wound.”

<sup>1</sup> *The Amplified Study Bible*, 875

<sup>2</sup> *Charles Spurgeon, Parallel Classic Commentary on the Psalms*, 132