

## Adult Impact Study Sheet – April 28, 2024

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Read **Psalm 26:1-12**; if possible from several translations.  
For additional insight go to [www.studylight.org](http://www.studylight.org) and [www.gotquestions.org](http://www.gotquestions.org).

**Glossary** – Write the meanings of the following and refer to them as you complete this study.

- Vindicate:
- Waver:
- Integrity:
- Innocence:
- Hypocrite:

1. When we face trouble, as David did, it is good to examine ourselves and discover whether our sin has caused our problems. If the Holy Spirit convicts us of sin, we should repent and seek, in His grace and by His strength, to repair the situation. Discuss what that involves.
2. When David asked the Lord to vindicate him was it just for himself or was there another reason? (See Psalm 23:3; 25:11)
3. In verse 1, David states that he had trusted in the Lord without wavering. What did he mean by that?
4. Was David being proud by listing the good deeds he had done? Was he like the Pharisee who bragged that he was not like sinners and observed all of God's commandments (Luke 18:11-12)? If not, consider the difference.
  - Was the Pharisee asking anyone to judge his heart?
  - Whom did David ask to judge his heart?
  - Why is God the best one to judge a person's heart?
5. Though David occasionally fell, as we all do, the habitual bent of his life was toward the Lord and His Word.<sup>1</sup> Discuss that in David's life and in ours as believers.
6. In this Psalm, David bears out the teaching he gave in Psalm 1:1-2. Discuss that.

<sup>1</sup> *The Wiersbe Bible Commentary, OT, 906*