

Adult Impact Study Sheet – February 18, 2024

Read **Psalm 13:1-6**; if possible from several translations.

For additional insight go to www.studylight.org and www.gotquestions.org.

1. Read verses 1-2 along with Isaiah 40:27 and then discuss these verses considering the terms ‘forget’ and ‘hide your face’.

When we encounter trials in life, why do we question God’s presence and what emotions does that arouse in us?

2. Discuss whether it is wrong or sinful to doubt God’s presence? Support with Scripture.

Consider the following two examples and the circumstances of why each felt as they did about God’s seeming absence and discuss.

Elijah – I Kings 19:10

Jesus – Matthew 27:46

3. Read verses 3-4. Discuss the emotions the psalmist experiencing here.

How are we like the psalmist in these verses?

What does the psalmist mean when he says “give light to my eyes”? (Note, the Amplified reads: “lighten the eyes [of my faith to behold Your face in the pitchlike darkness], lest I sleep the sleep of death.”

4. What other Scripture passages remind us that God will never forget us or leave us? Discuss them in relationship to our overcoming those feelings of abandonment.

5. Read verses 5-6. Discuss these three conclusions made by the psalmist and how they help the believer during times of distress.

“I will trust in Your unfailing love” –

“My heart rejoices in your salvation” –

“I will sing to the Lord, for He has been good to me.”

6. How does Psalm 13 help you overcome times when God seems absent?