

## Adult Impact Study Sheet

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January 21, 2024

Read **Psalm 139:1-24**; if possible from several translations.

For additional insight go to [www.studylight.org](http://www.studylight.org) and [www.gotquestions.org](http://www.gotquestions.org).

1. In an attitude of amazement and wonder, read verses 1-5 slowly and thoughtfully.....  
Now read verse 6 and see if you agree with David. Write down your thoughts.
2. Think about the millions of people in the family of God throughout our world today.  
With that in mind, discuss the omniscience of God as expressed in verses 1-3.
3. Read verses 7-10 and discuss God's omnipresence and omnipotence.
4. Read verses 11-12 and discuss the Lord being the Light of our life.
5. Now let's apply our thoughts from questions 1 and 2 to verses 13-18 for this is our main focus for this Sanctity of Life Sunday.

Verses 13-6:

Verses 17-18:

6. Read verses 19-22. How do you reconcile verse 22 with Matthew 5:44 in the Sermon on the Mount? Why and how are we called, commanded, to pray for our enemies?
7. In verses 23-24 David asks God to search out what is in his heart. This is not a superficial request. Here's what Charles Spurgeon writes, "See whether there be in my heart, or in my life, any evil habit unknown to myself. If there be such an evil way, take me from it, take it from me. No matter how dear the wrong may have become, nor how deeply prejudiced I may have been in its favor, be pleased to deliver me therefrom altogether, effectually, and at once, that I may tolerate nothing which is contrary to Thy mind."<sup>1</sup> That's serious business. It includes asking God to show us our anxieties, those thoughts which divide and distract the heart. How often should we pray that way? How often do we pray that way?

<sup>1</sup> Charles Spurgeon, *Parallel Classic Commentary on the Psalms*, 738