

Adult Impact Study Sheet

July 30, 2023

If possible, read **Hebrews 5:7-10, 12:2-3; Philippians 2:5-8;**
and **John 8:29** from several translations.

For additional insight go to www.studylight.org and www.gotquestions.org.

1. Hebrews 5:7-10 – How would you explain to someone that Jesus “learned obedience” through what He suffered?
2. Hebrews 12:2-3 – Jesus endured the cross, despising its shame. He endured the hostility from sinners. Consider times and ways that Jesus faced hostility from sinners against Himself.

What does it mean that Jesus despised the shame of the cross?

“He could have called ten thousand angels to destroy the world and set him free, ...but He died alone for you and me.”¹ What do those lines from a Gospel song tell you about Jesus’ obedience?

What reason does verse 2 give for Jesus, in obedience, enduring (suffering firmly and patiently) the cross?

3. Philippians 2:5-8 – “Let this same attitude and purpose and [humble] mind be in you which was in Christ Jesus” (AMPC). To what extremity was Jesus obedient?

The Bible tells us that salvation’s plan was in the mind and heart of God from before the world began. What does Paul say in Ephesian 2:10 regarding the good works we are to do in obedience to God?

4. John 8:29 – Consider the words of this verse as you read Isaiah 55:11. What comparison do you see?
5. In the Garden of Gethsemane Jesus’ human soul longed for the encouragement and companionship of Peter, James, and John in prayer, but they slept. Is it possible that brothers and sisters in Christ long for our encouragement and companionship in prayer? Are we, are you, faithful in praying for them?

¹ Ray Overholt, *Ten Thousand Angels*