No More Excuses

October 22, 2022

Read Chapter 2: No More Feeling Worthless

1. Discuss a time you may have felt the same as the opening statement.

Why does rejection hurt so much?

What are results of feeling rejected?

Why is it easy to let negative statements or actions against us get us down?

What does the author suggest is the starting point to overcome rejection so we can move forward?

1. How did Moses experience rejection?
2. Like Moses, how can our own choices cause rejection?
3. How did God turn the bad choice Moses made that led to his rection into something for His sovereign plan?

How had Moses jumped ahead of God and what happened?

Why is human nature to want to move ahead of God?

1. Why does rejection lead to fear?
2. Why is it more difficult to be rejected by our “own” people than by strangers?

Why is it even more difficult to face rejection when trying to do something good?

1. How are we like Moses, having a good idea, but not waiting for God’s timing? What was the result?
2. Why does God sometimes use rejection in our lives?

Discuss the following passages:

Psalm 147:6

Proverbs 11:2

Proverbs 29:23

James 4:10

I Peter 5:6

1. How does God use a time of rejection and wandering to get our attention?
2. Discuss what Moses had to see about God (see pages 42-43).
3. Why does rejection and the consequences of sin diminish our self-confidence?
4. Why is the knowledge of God’s presence a help in overcoming rejection?
5. Discuss the four principles the author lays out to overcome excuses:

*“Our greatest need is not self-confidence, but God-confidence”*

*“God uses even the bad experiences to prepare us for future service”*

*“God wants to do something with what you already have before He gives you something new”*

*“Obeying God leads to a new self-image”*

Next month: Chapter 3 – *No More Holding Back*