Impossible Commands

January 16, 2021

Read chapter 5 – Rejoice in the Lord (always)

1. Memorize Philippians 4:4.

1. Describe an event in your life similar to the author in his opening illustration?

Why is there at times a disconnect between what we say we believe and our experience?

Why does the world sometimes seem to have more joy than the follower of Christ?

1. What does it mean to be joyful?
2. Read and discuss what the following passages have to say about joy. Leviticus 23:40; Psalm 33:1-3; Romans 12:12; Philippians 4:4; I Thessalonians 5:16-18; James 1:2-3.
3. The author says that “Joy is something that you do before it is something that you feel.” How can joy be something done out of obedience and still be joy?

What are different ways we try to capture joy?

Why is worldly joy driven by feelings and what is the result of such effort?

What is the difference between worldly joy and Biblical joy?

1. Why are we sinning when we don’t rejoice in God?
2. What did Jesus have to say about joy in John 17:13?
3. Discuss Habakkuk 3:17-18 about joy considering what was happening to Israel at the time.

What do we see going on today in our world and how does Habakkuk’s words challenge us to be joyful?

1. How do the four steps help us display joy?

“I can’t” –

“I’m sorry” –

“Please help” –

“Let’s go” –

1. How does the power of Jesus help us be joyful?
2. What steps can you take this week to be more joyful?

Next month: Impossible Commands – Chapter 6: Be Perfect